

# **WETLANDS IN GRACE COLE NATURE PARK**

Most of the flat land in the Park is wetland. Wetlands serve many important functions:

- They filter the water that flows from streets, driveways, and other impermeable surfaces before it reaches the streams which flow into Lake Washington. This filtering helps maintain the streams as healthy habitat.
- Wetlands serve as "sponges", absorbing water during time of heavy rainfall and moderating the flow downstream. The wetlands continue to release the water they absorb throughout the year, providing year-round flow downstream.
- Wetlands serve as habitat for a number of species, including Western Red-back Salamander, Pacific Giant Salamander, Pacific chorus frog, Great Blue Heron, Red Alder, Red Huckleberry, Red Osier Dogwood, and Salmonberry, all of which can be found in the Grace Cole Nature Park.

**Insert some pictures of wetlands  
flora and fauna here**